

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK3

WEEK OF January 25th – January 29th



Monday, January 25th:

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 1:45-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
|---------|----------------|------------------|---------------------------------|-----------------------------|------------------|--|--|-------------|-------------------------|----------------|
| Group 1 | Merge with BSX | Snack/ TOX Rules | Playground (Weather Permitting) | Healthy Heart Clinic | Lunch/ Down Time | Art Project: Optical Illusion Art | Computers | Dragon Ball | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ TOX Rules | Playground (Weather Permitting) | Healthy Heart Clinic | Lunch/ Down Time | Computers | Art Project: Optical Illusion Art | Dragon Ball | Snack/ Terminal Station | Merge with ASX |

Tuesday, January 26th:

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 2:00-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
|---------|----------------|-----------------|---------------------------------|---------------------------------------|------------------|-----------|------------------------------|------------------------------|-------------------------|----------------|
| Group 1 | Merge with BSX | Snack/ Barnyard | Playground (Weather Permitting) | Protect the President/ Alien Invasion | Lunch/ Down Time | Jeopardy | Science: Eggsperiment | Disney Scene It/ Black Magic | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Barnyard | Playground (Weather Permitting) | Alien Invasion/ Protect the President | Lunch/ Down Time | Jeopardy | Disney Scene It/ Black Magic | Science: Eggsperiment | Snack/ Terminal Station | Merge with ASX |

Wednesday, January 27th: Please wear field trip shirt.

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-12:30 | 12:30-4:30 | 4:30-6:30 |
|---------|----------------|-------------------------|---------------------------------|--------------------|---------------------|---|----------------|
| Group 1 | Merge with BSX | Snack/ Find The Thimble | Playground (Weather Permitting) | Outburst Challenge | Lunch and Down Time | Sertoma Arts Center Group 1: P/U 12:30pm (1:00-2:00) Return to Site @ 2:30 PM Group 2: P/U 1:30pm (2:00-3:00) Return to Site @ 3:30 PM Group 3: P/U 2:30pm (3:00-4:00) Return to Site @ 4:30 PM | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Find The Thimble | Playground (Weather Permitting) | Outburst Challenge | Lunch and Down Time | | Merge with ASX |

Thursday, January 28th: Please wear field trip shirt and comfortable clothes and shoes for climbing.

| | 7:00-9:00 | 9:00-9:30 | 9:30-1:00 | 1:00-1:30 | 1:30-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
|---------|----------------|------------------------|--|-----------|---------------------------------|-----------|-------------------------|----------------|
| Group 1 | Merge with BSX | Snack/ Family Portrait | Triangle Rock Club Group 1: P/U 9:30 AM (10:00am-11:30am) Return to Site: 12:00 PM Lunch will be eaten after trip Group 2: P/U 11:00 AM (11:30am- 1:00pm) Return to Site: 1:30 PM Lunch will be eaten before trip | Gaga Ball | Playground (Weather Permitting) | Battalion | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Family Portrait | | Battalion | Playground (Weather Permitting) | Gaga Ball | Snack/ Terminal Station | Merge with ASX |

Friday, January 29th:

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-2:00 | 2:00-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
|---------|----------------|-----------------------|---------------------------------|--------------------------------|------------------|-----------------------------|-----------------------------------|-----------------------------------|-------------------------|----------------|
| Group 1 | Merge with BSX | Snack/ Scrambled Eggs | Playground (Weather Permitting) | Parachute Games/ Concentration | Lunch/ Down Time | Shelf Ball/ Rhyme or Relate | Art Project: 3D Snowflakes | Scooter Hockey | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Scrambled Eggs | Playground (Weather Permitting) | Concentration/ Parachute Games | Lunch/ Down Time | Rhyme or Relate/ Shelf Ball | Scooter Hockey | Art Project: 3D Snowflakes | Snack/ Terminal Station | Merge with ASX |

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3

WEEK OF February 1st – February 5th



Monday, February 1st:

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 1:45-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
|---------|----------------|-------------------------------|------------------------------------|---------------|---------------------|---|---|-----------|----------------------------|-------------------|
| Group 1 | Merge with BSX | Snack/ How Many Behind Me? | Playground (Weather Permitting) | Alphabet Game | Lunch/ Down Time | Art Project: Magnetic Picture Frames | Computers | Hot Seat | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ How Many Behind Me? | Playground (Weather Permitting) | Alphabet Game | Lunch/ Down Time | Computers | Art Project: Magnetic Picture Frames | Hot Seat | Snack/ Terminal Station | Merge with ASX |

Tuesday, February 2nd:

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 1:45-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
|---------|----------------|----------------------|------------------------------------|-------------------------------|------------|---------------------------|---------------------------|-------------------|----------------------------|-------------------|
| Group 1 | Merge with BSX | Snack/ Red Handed | Playground (Weather Permitting) | Hit it Catch it/ Bomb Ball | Lunch | Giants, Wizards, Elves | Pilates Clinic | Hot Potato | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Red Handed | Playground (Weather Permitting) | Bomb Ball/ Hit it Catch it | Lunch | Pilates Clinic | Giants, Wizards, Elves | Hot Potato | Snack/ Terminal Station | Merge with ASX |

Wednesday, February 3rd: Please wear field trip shirt.

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-11:30 | 11:30-12:30 | 12:30-3:30 | 3:30-3:45 | 3:45-6:30 |
|---------|----------------|------------------------|------------------------------------|-------------------------------|---------------------|--|------------------|------------------------------|
| Group 1 | Merge with BSX | Snack/ Four Corners | Playground (Weather Permitting) | Apples to Apples Challenge | Lunch/ Down Time | P/U 12:30 PM Raleigh Little Theater 1:00pm-3:00pm Return to Site: 3:30 PM | Terminal Station | Snack & Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Four Corners | Playground (Weather Permitting) | Apples to Apples Challenge | Lunch/ Down Time | | Terminal Station | Snack & Merge with ASX |

Thursday, February 4th: Field trip shirt is optional. Please bring a change of clothes, bathing suits and towels.

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-11:50 | 11:50-2:50 | 2:50-3:45 | 3:45-6:30 |
|---------|----------------|--------------------------------|------------------------------------|---------------------|--|----------------------------|-------------------|
| Group 1 | Merge with BSX | Snack/ Fox and the Squirrel | Playground (Weather Permitting) | Lunch/ Down Time | P/U 11:50 AM Buffaloe Road Aquatic Center 12:20pm-2:15 pm Return to Site: 2:50 PM | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Fox and the Squirrel | Playground (Weather Permitting) | Lunch/ Down Time | | Snack/ Terminal Station | Merge with ASX |

Friday, February 5th:

| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 1:45-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
|---------|----------------|--|------------------------------------|---------------------------------|---------------------|-------------------------------------|-------------------------------------|-----------|----------------------------|-------------------|
| Group 1 | Merge with BSX | Snack/ In the River, On the Bank | Playground (Weather Permitting) | Science: Heart Candy | Lunch/ Down Time | Art Project: Winter Hats | Four Square Tournament | Mum Ball | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ In the River, On the Bank | Playground (Weather Permitting) | Science: Heart Candy | Lunch/ Down Time | Four Square Tournament | Art Project: Winter Hats | Mum Ball | Snack/ Terminal Station | Merge with ASX |



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3

WEEK OF February 8th – February 12th



Monday, February 8th:

| | | | | | | | | | | |
|---------|----------------|-------------------|---------------------------------|-------------|---------------------|-----------|-----------|-----------|-------------------------|----------------|
| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 1:45-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
| Group 1 | Merge with BSX | Snack/ Kanga Ball | Playground (Weather Permitting) | Categories | Lunch and Down Time | Gladiator | Computers | Name Six | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Kanga Ball | Playground (Weather Permitting) | Categories | Lunch and Down Time | Computers | Gladiator | Name Six | Snack/ Terminal Station | Merge with ASX |

Tuesday, February 9th:

| | | | | | | | | | | |
|---------|----------------|-------------------------------|---------------------------------|---------------------------------------|------------------|----------------------|----------------------|-----------------------|-------------------------|----------------|
| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 1:45-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
| Group 1 | Merge with BSX | Snack/ Good Morning Mr. Judge | Playground (Weather Permitting) | Food Experience: Frog Sandwich | Lunch/ Down Time | Chimney Dodgeball | Imagination Stations | Musical Chairs | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Good Morning Mr. Judge | Playground (Weather Permitting) | Food Experience: Frog Sandwich | Lunch/ Down Time | Imagination Stations | Chimney Dodgeball | Musical Chairs | Snack/ Terminal Station | Merge with ASX |

Wednesday, February 10th:

| | | | | | | | | | | |
|---------|----------------|----------------------|---------------------------------|---------------------|------------------|--|--|------------------|-------------------------|----------------|
| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-1:45 | 1:45-2:30 | 2:30-3:00 | 3:00-3:45 | 3:45-6:30 |
| Group 1 | Merge with BSX | Snack/ Heads Up 7 Up | Playground (Weather Permitting) | Table Tennis | Lunch/ Down Time | Dragon Tail | Art Project: Dino-Mite Valentines | King of the Hill | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | Snack/ Heads Up 7 Up | Playground (Weather Permitting) | Table Tennis | Lunch/ Down Time | Art Project: Dino-Mite Valentines | Dragon Tail | King of the Hill | Snack/ Terminal Station | Merge with ASX |

Thursday, February 11th: Please wear field trip shirt. Movie is TBA. Popcorn and drink will be provided.

| | | | | | | | | | |
|---------|----------------|---|--|--|------------------|------------------------------|----------------------------|-------------------------|----------------|
| | 7:00-8:30 | 8:30-11:30 | | | 11:30-12:30 | 12:30-1:30 | 1:30-3:00 | 3:00-3:45 | 3:45-6:30 |
| Group 1 | Merge with BSX | P/U 8:30 AM Six Forks Station Cinema 9:00am-11:00am Return to Site: 11:30 AM | | | Lunch/ Down Time | Ghost in the Graveyard/Chief | Field (Choice Play) | Snack/ Terminal Station | Merge with ASX |
| Group 2 | Merge with BSX | | | | Lunch/ Down Time | Chief/Ghost in the Graveyard | | Snack/ Terminal Station | Merge with ASX |

Friday, February 12th:

| | | | | | | | | | | |
|---------|----------------|--------------|---------------------------------|-------------|------------------|---|--|--|--|--|
| | 7:00-9:00 | 9:00-10:00 | 10:00-11:00 | 11:00-12:00 | 12:00-1:00 | 1:00-6:30 | | | | |
| Group 1 | Merge with BSX | Snack/ Mafia | Playground (Weather Permitting) | Bingo | Lunch/ Down Time | Early Release: (Merge with Afterschool) Movie Onsite | | | | |
| Group 2 | Merge with BSX | Snack/ Mafia | Playground (Weather Permitting) | Bingo | Lunch/ Down Time | | | | | |

Brier Creek Track Out

Track 3 - Week 1



Field Trip Information!

Sertoma Art Center

1400 W Millbrook Rd, Raleigh, NC 27612
919-996-2329

Participants can brush up on their art skills or learn to develop new ones as they create fun & unique art projects with the help of Art Center Staff!

Triangle Rock Club

6022 Duraleigh Road, Raleigh, NC 27612
919-803-5534

Triangle Rock Club is Raleigh's premiere rock climbing facility with climbing walls and boulders. Participants will be given a beginner climbing lesson and should wear comfortable clothing (nothing too loose due to the fact that they will be climbing and wearing climbing harnesses).

This trip will require a waiver to be signed by each child's parent/guardian.

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- Sign field trip waiver
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants

Brier Creek Track Out

Track 3 - Week 2



Field Trip Information!

Raleigh Little Theater

301 Pogue Street, Raleigh, NC 27607
919-821-4579

An exciting world of drama awaits at Raleigh Little Theatre! Participants will get the opportunity to experience a behind-the-scenes tour and a short drama workshop.

Buffaloe Road Aquatic Center

5908 Buffaloe Road, Raleigh, NC 27616
919-996-5600

Participants will get to experience a water slide, lazy river, water vortex, play areas and more at Raleigh Parks, Recreation & Cultural Resources Department's most unique Aquatics facility!

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants

Brier Creek Track Out

Track 3 - Week 3



Field Trip Information!

Six Forks Station Cinemas

9500 Forum Drive, Raleigh, NC 27615

919-846-3904

Participants will get to enjoy a trip to the movies complete with popcorn & drink as they view a children's movie on the big screen! (All films are rated PG)

****Other Important Information****

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Food Experience—Please make staff aware of any allergies. This is not to replace the children's lunches or snacks. Please still pack their regular lunch and snacks for the day as some kids may not like what they make.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

Brier Creek Track Out X-Press

919-420-2340

Director: Catherine Hooper

